

# Alexandria Community Services Board Leadership Team

## Mike Gilmore, Ph.D., CBHE

Mike is the Executive Director of the Alexandria Community Services Board, where he has been since 2003. Previously, Mike served as the Executive Director of the Rockbridge Area CSB for 20 years. Under the guidance of the Board, Mike directs the mental health, mental retardation and substance abuse programs for the City of Alexandria. He may be reached at 703-838-4455.

E-mail: [mike.gilmore@alexandriava.gov](mailto:mike.gilmore@alexandriava.gov)



## Carol Layer, LCSW



Carol is the Division Director of Extended Care Services. She has been with the Alexandria CSB since 1991. Carol manages Extended Care Services including Residential Care, Day Support, Case Management and Discharge Planning. Carol may be reached at 703-838-5011.

E-mail: [carol.layer@alexandriava.gov](mailto:carol.layer@alexandriava.gov)

## Liz Wixson, LCSW

Liz is the Division Director of Acute Care Services. She has been with the Alexandria CSB since 2002. Liz oversees the day to day management of Outpatient Mental Health and Substance Abuse Services, Psychiatric and Medication services, Emergency Services, the Detox Program, the Adult Detention Center Programs, and the Youth and Family Services. She may be reached at 703-838-6400.

Email: [liz.wixson@alexandriava.gov](mailto:liz.wixson@alexandriava.gov)





## **Deborah Warren, LCSW, DCSW**

Deborah is the Division Director of Prevention and Training. She has been with the Alexandria CSB since 1984. Deborah oversees the Department's MH, MR, SA prevention programs, training, human rights, public information and volunteer services. She may be reached at 703-838-4455.

E-mail: [deborah.warren@alexandriava.gov](mailto:deborah.warren@alexandriava.gov)

## **Brenda Sauls, MBA**

Brenda is the Division Director of Administrative Services. She has been with the Alexandria CSB since 1990. Brenda is responsible for the oversight of various administrative functions including Management Information Systems and Finance. She may be reached at 703-838-4455.

E-mail: [brenda.sauls@alexandriava.gov](mailto:brenda.sauls@alexandriava.gov)



## **Phil Moser, Ph.D., LCSW, LSATP**

Phil is the Division Director for Quality Improvement, and he has been with the CSB since 2002. Phil's team is responsible for the following Quality Improvement programs: Regulatory Compliance, Program Evaluation, Records Review and Records Management. He may be reached at 703-838-4455.

E-mail: [arthur.moser@alexandriava.gov](mailto:arthur.moser@alexandriava.gov)

## **Janis Gold, LPC, LMFT**

Janis is the Director of Adult Outpatient Programs. She has been with the Alexandria CSB since 1980. Janis oversees the Drug Free Program, the Methadone Program, the Outpatient Mental Health and Substance Abuse Programs, and the Mill Road facility operations. She may be reached at 703-838-4525.

E-mail: [janis.gold@alexandriava.gov](mailto:janis.gold@alexandriava.gov)





## **Ilene Steiman, MPA, CPM**

Ilene is the Assistant to the Executive Director. She has been with the Alexandria CSB since 2002. Ilene assists with day-to-day management of the Department, short and long-range planning and analysis, policy review/revision and implementation, as well as other special projects. She acts as the liaison between the Community Services Board and other City agencies or citizen groups. Ilene may be reached at 703-838-4455.

E-mail: [ilene.steiman@alexandriava.gov](mailto:ilene.steiman@alexandriava.gov)